

All of me bringing all of myself to what I do

Listen—are you breathing just a little and calling it a life? Mary Oliver

WORKSHOP FACILITATORS



Clare Coburn, PhD, is a storyteller and educator who works with communication and conflict resolution. She currently teaches in the School of Law at La Trobe University and has her own business, fabled communication, www.fabled.com.au, offering workshops, training and performances. Her work career is a patchwork quilt including stints as an international flight attendant, a technical writer and a Steiner teacher. She is passionate about using story and creative processes to assist greater self-awareness and discernment about ourselves and our roles in the world.



Gillian Jones has postgraduate qualifications in Education, Advanced Group Facilitation, Japanese Language and Culture, and Experiential and Creative Arts Therapies. She has been director of a private cross-cultural educational exchange organization, and taught Japanese Language and Business Culture at RMIT and cross-cultural communication in organizations. She now enjoys a mixture of working with Japanese traditional drummers, teaching creative arts therapy, using creative arts procedures in a variety of contexts, and leading small scale, special interest tours to Japan. She is stimulated by finding ways to cultivate imagination, trust and appreciation.

Are you all grown up but still wonder what you are going to be?

Or perhaps, you're feeling the itch for some kind of change in work but you're not sure what, how and why?

Maybe you're daring yourself to try the career change you've longed for?

Or possibly you want to find ways to enrich the work you already do.

Join storyteller and educator, Clare Coburn and creative arts therapist and facilitator, Gillian Jones, in this exploration of career, vocation, work, and who we truly are and want to be.

Through guided exercises including a series of creative activities based on stories and poems, you will

work with aspects of your own work biography to explore what you carry with you,
acknowledge any aspects of the unlived life that you want to strengthen,
allow your soul and your role in life to grow closer in connection, and
receive resources to take away

Over the weekend sessions, you will explore the past and present aspects of your work vocation in creative ways and develop intentions for the future. You will come away with insights about your current and future work, ideas for change, and skills to explore work life creatively.

Friday 27, January 2012, 7-9pm

Saturday 28, January 2012, 10-4pm

Sunday 29, January 2012, 10-1pm

MIECAT Studio, 15-17 Victoria St, Fitzroy

\$340 (\$310 concession)

Early bird: \$310 (\$280 conc) for payment by Dec 16

Maximum 12 participants

Registrations and inquiries

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